



**My Forever  
Family NSW**

Caring for those who care for kids

# INTERIM TRAINING PROGRAM

JULY & AUGUST | As at 2 July 2018

**My Forever Family NSW** commenced 2 July 2018 and is in the process of establishing our annual calendar. We look forward to sharing with you a range of opportunities from learning about the types of care and how to get involved, through to intensive training for carers.

In the interim, you can attend sessions from our interim program in conjunction with a range of service providers. Check the calendar for your area, and contact our team about registering to attend and for further details, via [enquiries@myforeverfamily.org.au](mailto:enquiries@myforeverfamily.org.au) or **1300 782 975**

Additional information sessions, training sessions and peer support groups may be added to this list in the coming weeks.



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## NORTHERN NSW & MID NORTH COAST INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
<b>Understanding &amp; Responding to Young People's Sexual Behaviours &amp; Toileting Issues</b>	CASPA	Goonellabah	<b>9am–12pm</b>	4/07/2018	4/07/2018	Local carers – all agencies
<b>ADHD, ODD and Other Young People's Developmental/ Mental Health Diagnoses</b>	CASPA	Goonellabah	<b>1pm – 4pm</b>	4/07/2018	4/07/2018	Local carers – all agencies
<b>Carer and family support group</b>	CASPA	Casino	<b>5pm – 7pm</b>	23/07/2018	23/07/2018	Local carers – all agencies
<b>Indigenous Supported playgroup for Carers with children under 5 – 11 sessions</b>	Kyogle Family Support Services	Kyogle	<b>10am – 12pm</b>	26/07/2018	7/09/2011	Local Kyogle region, indigenous carers with children under 5
<b>Support group for Indigenous carers for a child or children with a disability or chronic medical condition – weekly sessions</b>	Playgroups NSW	Casino	<b>10am – 12pm</b>	30/07/2018	30/07/2018	Indigenous carers of a child ( 0 – 18 years) or children with a disability, developmental delay or chronic medical condition + children can come
<b>Triple P Group – 6 session program</b>	CatholicCare	Naremburn	<b>10am – 12:30pm</b>	31/07/2018	4/09/2018	Local area carers only
<b>Bringing Up Great Kids – 6 session program</b>	Tamworth Family Support Service	Tamworth	<b>10am – 12pm</b>	31/07/2018	4/09/2018	Local Tamworth region carers only
<b>Carer support group – monthly sessions</b>	Independent	TBA	<b>TBA</b>	9/08/2018	9/08/2018	All carers all agencies
<b>Carer Coffee Club</b>	CASPA	Lismore	<b>TBA</b>	9/08/2018	9/08/2018	Local carers – all agencies
<b>Carer Coffee Club</b>	CASPA	Coffs Harbour	<b>TBA</b>	9/08/2018	9/08/2018	Local carers – all agencies
<b>Carer and family support group</b>	CASPA	Casino	<b>5pm – 7pm</b>	27/08/2018	27/08/2018	Local carers – all agencies

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# SYDNEY, SOUTH EASTERN, SOUTH WESTERN & NORTHERN SYDNEY INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
<b>Support group for male carers for a child or children with a disability or chronic medical condition. NO children</b>	Plum Tree	Marrickville	<b>7pm - 9pm</b>	4/07/2018	4/07/2018	Male carers only of child (0-18) with a disability, developmental delay or chronic medical condition
<b>Toddlers Terrible or Terrific – 3 session program</b>	The Northern Centre	West Ryde	<b>10am - 12pm</b>	25/07/2018	8/08/2018	West Ryde and local area carers only
<b>Parenting a traumatised child</b>	My Forever Family	Campsie	<b>10.30am - 12.30pm</b>	26/07/2018	26/07/2018	All carers, any region
<b>Support group for carers for a child or children with a disability or chronic medical condition + children (0-18) weekly sessions across the term</b>	Playgroups NSW	Glebe	<b>10am - 12pm</b>	30/07/2018	17/09/2018	carers of a child (0 - 18 years) or children with a disability, developmental delay or chronic medical condition + children can come
<b>KOREAN Tuning In To Teens – 5 session program</b>	The Northern Centre	West Ryde	<b>6pm - 8pm</b>	30/07/2018	27/08/2018	West Ryde and local area carers only
<b>Triple P Group – 6 session program</b>	Catholic Care	Naremburn	<b>10am - 12.30pm</b>	31/07/2018	4/09/2018	Local area carers only
<b>Communication development for children 0 - 3 years</b>	Waverley Council	Bondi Junction	<b>6pm - 7.30</b>	31/07/2018	31/07/2018	Local area carers only
<b>Cyber Safety tips</b>	Waverley Council	Waverley	<b>6.30pm - 8pm</b>	2/08/2018	2/08/2018	Local area carers only
<b>Bringing Up Great Kids – 4 session program</b>	Parkes Community Network	Wetherhill Park	<b>11am - 1pm</b>	8/08/2018	29/08/2018	Carers in the Wetherill park area
<b>LGBTQI carers support group + the kids in their care</b>	Rainbow Families	Beecroft	<b>From 10am</b>	11/08/2018	11/08/2018	Hills District LGBTQI carers
<b>Power of Positive Parenting (Triple P) Seminar</b>	My Forever Family	Campsie	<b>10.30am - 12.30pm</b>	16/08/2018	16/08/2018	All carers, any region
<b>Power of Positive Parenting (Triple P) Seminar - ARABIC Carers</b>	My Forever Family	Campsie	<b>10.30am - 12.30pm</b>	16/08/2018	16/08/2018	Arabic speaking carers, any region
<b>Adoption Information Seminar</b>	FACS	Sydney	<b>TBA</b>	October *	November	Interested in adoption who aren't yet an authorised carer * EOI to be completed to be considered'

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## MURRUMBIDGEE, FAR WEST & WESTERN NSW INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
<b>Supported playgroup. Carers and their children under 5 – weekly session across the term</b>	Barnardos	Gulgong	<b>10am - 12pm</b>	31/07/2018	18/09/2018	Carers of children 5 and under, from the Gulgong area + their children (playgroup)
<b>Supported playgroup. Carers and their children under 5 – weekly session across the term</b>	Barnardos	Mudgee	<b>10am - 12pm</b>	1/08/2018	19/08/2018	Carers of children 5 and under, from the Mudgee area + their children (playgroup)
<b>Caring for a substance exposed infant or child</b>	My Forever Family	Broken Hill	<b>10am - 2pm</b>	14/08/2018	15/08/2018	All agencies, local carers
<b>Using Theraplay® strategies to build relationships</b>	My Forever Family	Bathurst	<b>10am - 1pm</b>	14/08/2018	14/08/2018	
<b>Using Theraplay® strategies to build relationships</b>	My Forever Family	Orange	<b>10am - 1pm</b>	15/08/2018	15/08/2018	

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## ILLAWARRA SHOALHAVEN & SOUTHERN NSW INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
<b>LGBTQI carers and kids catch up</b>	Rainbow Families	Gwynneville	<b>From 10am</b>	7/07/2018	7/07/2018	Local LGBTQI carers only + the children in their care (family event)
<b>Triple P Group for male carers - 8 session</b>	LiveBetter	Young	<b>10am - 12pm</b>	24/07/2018	11/09/2018	Male carers only. Local Young region-based carers only
<b>Understanding adolescents/managing adolescent behaviour</b>	My Forever Family	Wollongong	<b>10.30am - 12.30pm</b>	30/07/2018	30/07/2018	Wollongong area carers. All agencies
<b>Self-care for Carers</b>	My Forever Family	Wollongong	<b>10.30am - 12.30pm</b>	20/08/2018	20/08/2018	Wollongong area carers. All agencies
<b>Playgroup</b>	Monaro Family Support Service	Cooma	<b>10am - 11.30am</b>	07/2018	09/2018	Local carers with children aged 5 and under
<b>Using Theraplay® strategies to build relationships</b>	My Forever Family	Bega	<b>10am - 1pm</b>	6/08/2018	6/08/2018	

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## HUNTER NEW ENGLAND & CENTRAL COAST INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
<b>Carer support group - monthly sessions</b>	Independent	Maitland	<b>12pm - 2pm</b>	26/07/2018	26/07/2018	Local carers
<b>Support group for carers for a child or children with a disability or chronic medical condition   + children (0-18) weekly sessions across the term</b>	Playgroups NSW	Taree	<b>10am - 12pm</b>	30/07/2018	17/09/2018	Carers of a child (0 - 18 years) or children with a disability, developmental delay or chronic medical condition + children can come
<b>Bringing Up Great Kids - 6 session program</b>	Tamworth Family Support Service	Tamworth	<b>10am - 12pm</b>	31/07/2018	4/09/2018	Local Tamworth region carers only
<b>Grandparents raising Grandchildren support group (relative carer grandparents only) - 6 sessions</b>	Central Coast Family Support Service	Wyong	<b>9.30am - 11.30am</b>	3/08/2018	7/09/2018	Local, Central-Cost based relative grandparent carers only
<b>Reparative Parenting</b>	My Forever Family	Wyong	<b>10am - 1pm</b>	24/08/2018	24/08/2018	
<b>Carer support group - monthly sessions</b>	Independent	Maitland	<b>12pm - 2pm</b>	30/08/2018	30/08/2018	Local carers
<b>Carer support group - monthly sessions</b>	Independent	Newcastle	<b>TBA</b>	8/09/2018	8/09/2018	All carers all agencies

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## WESTERN SYDNEY & NEPEAN BLUE MOUNTAINS INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
<b>Koori Kids Kinship Group – once per month</b>	Independent	St Marys	<b>10am – 12pm</b>	2/07/2018	2/07/2018	Carers of Indigenous children. Carers do not need to be Indigenous themselves, just the kids.
<b>Grandparent carer support group – once per month</b>	Blacktown Council	Blacktown	<b>TBA</b>	5/07/2018	5/07/2018	Local Grandparent carers
<b>Support group for male carers for a child or children with a disability or chronic medical condition – weekly sessions</b>	Playgroups NSW	Merrylands	<b>7pm-9pm</b>	24/07/2018	25/09/2018	Male carers of a child (0 – 18 years) or children with a disability, developmental delay or chronic medical condition.
<b>Triple P Indigenous Group – 6 weeks</b>	Vinnies	Mt Druitt	<b>10am – 11.30am</b>	26/07/2018	30/08/2018	Local, Indigenous carers
<b>Support group for carers for a child or children with a disability or chronic medical condition – weekly sessions</b>	Playgroups NSW	Chester Hill	<b>10am – 12pm</b>	2/08/2018	20/09/2018	Carers of a child (0 – 18 years) or children with a disability, developmental delay or chronic medical condition.
<b>Grandparent carer support group – once per month</b>	Blacktown Council	Blacktown	<b>TBA</b>	2/08/2018	2/08/2018	Local Grandparent carers
<b>Understanding adolescents/managing adolescent behaviour</b>	My Forever Family	Blacktown	<b>10.30am – 12.30pm</b>	2/08/2018	2/08/2018	All carers from all locations
<b>Support group for carers for a child or children with a disability or chronic medical condition – weekly sessions</b>	Playgroups NSW	St Marys	<b>11.30am – 1.30pm</b>	4/08/2018	22/08/2018	Carers of a child (0 – 18 years) or children with a disability, developmental delay or chronic medical condition + children can come
<b>Koori Kids Kinship Group – once per month</b>	Independent	St Marys	<b>10am – 12pm</b>	6/08/2018	6/08/2018	Carers of Indigenous children. Carers do not need to be Indigenous themselves, just the kids.
<b>Using Theraplay® strategies to build relationships</b>	My Forever Family	Lithgow	<b>10am – 1pm</b>	13/08/2018	13/08/2018	

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