



**My Forever
Family NSW**

Caring for those who care for kids

INTERIM TRAINING & SUPPORT PROGRAM

JULY & AUGUST | As at 11 July 2018

My Forever Family NSW commenced 2 July 2018 and is in the process of establishing our annual calendar. We look forward to sharing with you a range of opportunities from learning about the types of care and how to get involved, through to intensive training for carers.

In the interim, you can attend sessions from our interim program in conjunction with a range of service providers. Check the calendar for your area, and contact our team about registering to attend and for further details, via enquiries@myforeverfamily.org.au or **1300 782 975**

Additional information sessions, training sessions and peer support groups may be added to this list in the coming weeks.



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NORTHERN NSW & MID NORTH COAST INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
Understanding & Responding to Young People's Sexual Behaviours & Toileting Issues	CASPA	Goonellabah	9am–12pm	4/07/2018	4/07/2018	Local carers – all agencies
ADHD, ODD and Other Young People's Developmental/ Mental Health Diagnoses	CASPA	Goonellabah	1pm – 4pm	4/07/2018	4/07/2018	Local carers – all agencies
Carer and family support group	CASPA	Casino	5pm – 7pm	23/07/2018	23/07/2018	Local carers – all agencies
Indigenous Supported playgroup for Carers with children under 5 – 11 sessions	Kyogle Family Support Services	Kyogle	10am – 12pm	26/07/2018	7/09/2011	Local Kyogle region, indigenous carers with children under 5
Support group for Indigenous carers for a child or children with a disability or chronic medical condition – weekly sessions	Playgroups NSW	Casino	10am – 12pm	30/07/2018	30/07/2018	Indigenous carers of a child (0 – 18 years) or children with a disability, developmental delay or chronic medical condition + children can come
Triple P Group – 6 session program	CatholicCare	Naremburn	10am – 12:30pm	31/07/2018	4/09/2018	Local area carers only
Bringing Up Great Kids – 6 session program	Tamworth Family Support Service	Tamworth	10am – 12pm	31/07/2018	4/09/2018	Local Tamworth region carers only
Carer support group - monthly sessions	Independent	TBA	TBA	9/08/2018	9/08/2018	All carers all agencies
Carer Coffee Club	CASPA	Lismore	TBA	9/08/2018	9/08/2018	Local carers – all agencies
Carer Coffee Club	CASPA	Coffs Harbour	TBA	9/08/2018	9/08/2018	Local carers – all agencies
Shared Lives (Foster Care) Training	Youth Care UPA	Alstonville	9:15am – 4pm	4/08/2018 11/08/2018	4/08/2018 11/08/2018	Those wanting to become foster carers
Carer and family support group	CASPA	Casino	5pm – 7pm	27/08/2018	27/08/2018	Local carers – all agencies

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SYDNEY, SOUTH EASTERN, SOUTH WESTERN & NORTHERN SYDNEY INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
Support group for male carers for a child or children with a disability or chronic medical condition. NO children	Plum Tree	Marrickville	7pm - 9pm	4/07/2018	4/07/2018	Male carers only of child (0-18) with a disability, developmental delay or chronic medical condition
Toddlers Terrible or Terrific – 3 session program	The Northern Centre	West Ryde	10am - 12pm	25/07/2018	8/08/2018	West Ryde and local area carers only
Parenting a traumatised child	My Forever Family	Campsie	10.30am - 12.30pm	26/07/2018	26/07/2018	All carers, any region
Support group for carers for a child or children with a disability or chronic medical condition + children (0-18) weekly sessions across the term	Playgroups NSW	Glebe	10am - 12pm	30/07/2018	17/09/2018	carers of a child (0 - 18 years) or children with a disability, developmental delay or chronic medical condition + children can come
KOREAN Tuning In To Teens – 5 session program	The Northern Centre	West Ryde	6pm - 8pm	30/07/2018	27/08/2018	West Ryde and local area carers only
Triple P Group – 6 session program	Catholic Care	Naremburn	10am - 12.30pm	31/07/2018	4/09/2018	Local area carers only
Communication development for children 0 - 3 years	Waverley Council	Bondi Junction	6pm - 7.30	31/07/2018	31/07/2018	Local area carers only
Cyber Safety tips	Waverley Council	Waverley	6.30pm - 8pm	2/08/2018	2/08/2018	Local area carers only
Bringing Up Great Kids - 4 session program	Parkes Community Network	Wetherhill Park	11am - 1pm	8/08/2018	29/08/2018	Carers in the Wetherill park area
LGBTQI carers support group + the kids in their care	Rainbow Families	Beecroft	From 10am	11/08/2018	11/08/2018	Hills District LGBTQI carers
Power of Positive Parenting (Triple P) Seminar	My Forever Family	Campsie	10.30am - 12.30pm	16/08/2018	16/08/2018	All carers, any region
Power of Positive Parenting (Triple P) Seminar - ARABIC Carers	My Forever Family	Campsie	10.30am - 12.30pm	16/08/2018	16/08/2018	Arabic speaking carers, any region
Adoption Information Seminar	FACS	Sydney	TBA	October *	November	Interested in adoption who aren't yet an authorised carer * EOI to be completed to be considered'

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MURRUMBIDGEE, FAR WEST & WESTERN NSW INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
Supported playgroup. Carers and their children under 5 – weekly session across the term	Barnardos	Gulgong	10am - 12pm	31/07/2018	18/09/2018	Carers of children 5 and under, from the Gulgong area + their children (playgroup)
Supported playgroup. Carers and their children under 5 – weekly session across the term	Barnardos	Mudgee	10am - 12pm	1/08/2018	19/08/2018	Carers of children 5 and under, from the Mudgee area + their children (playgroup)
Caring for a substance exposed infant or child	My Forever Family	Broken Hill	10am - 2pm	14/08/2018	15/08/2018	All agencies, local carers
Using Theraplay® strategies to build relationships	My Forever Family	Bathurst	10am - 1pm	14/08/2018	14/08/2018	Foster Carers, Guardians, Kinship Carers & Adoptive Parents for children from Statutory Care
Using Theraplay® strategies to build relationships	My Forever Family	Orange	10am - 1pm	15/08/2018	15/08/2018	Foster Carers, Guardians, Kinship Carers & Adoptive Parents for children from Statutory Care
Reparative Parenting	My Forever Family	Albury	10am - 1pm	28/08/2018	28/08/2018	Foster Carers, Guardians, Kinship Carers & Adoptive Parents for children from Statutory Care

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ILLAWARRA SHOALHAVEN & SOUTHERN NSW INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
LGBTQI carers and kids catch up	Rainbow Families	Gwynneville	From 10am	7/07/2018	7/07/2018	Local LGBTQI carers only + the children in their care (family event)
Triple P Group for male carers - 8 session	LiveBetter	Young	10am - 12pm	24/07/2018	11/09/2018	Male carers only. Local Young region-based carers only
Understanding adolescents/managing adolescent behaviour	My Forever Family	Wollongong	10.30am - 12.30pm	30/07/2018	30/07/2018	Wollongong area carers. All agencies
Self-care for Carers	My Forever Family	Wollongong	10.30am - 12.30pm	20/08/2018	20/08/2018	Wollongong area carers. All agencies
Playgroup	Monaro Family Support Service	Cooma	10am - 11.30am	07/2018	09/2018	Local carers with children aged 5 and under
Using Theraplay® strategies to build relationships	My Forever Family	Bega	10am - 1pm	7/08/2018	7/08/2018	Foster Carers, Guardians, Kinship Carers & Adoptive Parents for children from Statutory Care

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HUNTER NEW ENGLAND & CENTRAL COAST INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
Hunter Valley Carers & Kids Holiday Event	My Forever Family	Pokolbin	11:30am - 2pm	20/07/2018	20/07/2018	Foster Carers, Guardians, Kinship Carers & Adoptive Parents for children from Statutory Care
Carer support group - monthly sessions	Independent	Maitland	12pm - 2pm	26/07/2018	26/07/2018	Local carers
Support group for carers for a child or children with a disability or chronic medical condition + children (0-18) weekly sessions across the term	Playgroups NSW	Taree	10am - 12pm	30/07/2018	17/09/2018	Carers of a child (0 - 18 years) or children with a disability, developmental delay or chronic medical condition + children can come
Bringing Up Great Kids - 6 session program	Tamworth Family Support Service	Tamworth	10am - 12pm	31/07/2018	4/09/2018	Local Tamworth region carers only
Grandparents raising Grandchildren support group (relative carer grandparents only) - 6 sessions	Central Coast Family Support Service	Wyong	9.30am - 11.30am	3/08/2018	7/09/2018	Local, Central-Cost based relative grandparent carers only
Reparative Parenting	My Forever Family	Wyong	10am - 1pm	24/08/2018	24/08/2018	Foster Carers, Guardians, Kinship Carers & Adoptive Parents for children from Statutory Care
Carer support group - monthly sessions	Independent	Maitland	12pm - 2pm	30/08/2018	30/08/2018	Local carers
Carer support group - monthly sessions	Independent	Newcastle	TBA	8/09/2018	8/09/2018	All carers all agencies

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WESTERN SYDNEY & NEPEAN BLUE MOUNTAINS INTERIM TRAINING PROGRAM

Topic	Presenter	Location	Time	Start Date	End Date	Who is this training for?
Koori Kids Kinship Group – once per month	Independent	St Marys	10am – 12pm	2/07/2018	2/07/2018	Carers of Indigenous children. Carers do not need to be Indigenous themselves, just the kids.
Grandparent carer support group – once per month	Blacktown Council	Blacktown	TBA	5/07/2018	5/07/2018	Local Grandparent carers
Support group for male carers for a child or children with a disability or chronic medical condition – weekly sessions	Playgroups NSW	Merrylands	7pm-9pm	24/07/2018	25/09/2018	Male carers of a child (0 – 18 years) or children with a disability, developmental delay or chronic medical condition.
Triple P Indigenous Group – 6 weeks	Vinnies	Mt Druitt	10am – 11.30am	26/07/2018	30/08/2018	Local, Indigenous carers
Support group for carers for a child or children with a disability or chronic medical condition – weekly sessions	Playgroups NSW	Chester Hill	10am – 12pm	2/08/2018	20/09/2018	Carers of a child (0 – 18 years) or children with a disability, developmental delay or chronic medical condition.
Grandparent carer support group – once per month	Blacktown Council	Blacktown	TBA	2/08/2018	2/08/2018	Local Grandparent carers
Understanding adolescents/managing adolescent behaviour	My Forever Family	Blacktown	10.30am – 12.30pm	2/08/2018	2/08/2018	All carers from all locations
Support group for carers for a child or children with a disability or chronic medical condition – weekly sessions	Playgroups NSW	St Marys	11.30am – 1.30pm	4/08/2018	22/08/2018	Carers of a child (0 – 18 years) or children with a disability, developmental delay or chronic medical condition + children can come
Koori Kids Kinship Group – once per month	Independent	St Marys	10am – 12pm	6/08/2018	6/08/2018	Carers of Indigenous children. Carers do not need to be Indigenous themselves, just the kids.
Using Theraplay® strategies to build relationships	My Forever Family	Lithgow	10am – 1pm	13/08/2018	13/08/2018	Foster Carers, Guardians, Kinship Carers & Adoptive Parents for children from Statutory Care

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